

Parent Information Network



Exceptional Student Services

Free Online Tool Kits for Learning

Self Determination

- 1. A Parent's Guide to the Self-Determined Learning Model for Early Elementary Students www.beachcenter.org/books/default.asp?act=chapters&intResourceID=726&type=&id=0
- 2. Self-Determination: Assuming Control of Your Plans for Post Secondary Education www.heath.gwu.edu/PDFs/self%20determination.pdf
- 3. Self-Determination: Supporting Successful Transition www.ncset.org/publications/viewdesc.asp?id=962
- 4. Self Determination www.pacer.org/tatra/self.htm
- 5. Lesson Plans for Promoting Self-Determination www.uncc.edu/sdsp/resource_list/sd_lesson_plans.asp
- 6. It's My Life www.mncdd.org/extra/publications.htm#choice

Daily Living Skills

- Daily Living Guides www.caseylifeskills.org/pages/lp/lp_dl_index.htm
- Practical Money Skills for Life www.practicalmoneyskills.com/index.php

Health and Well Being

- Transition Planning for Adolescents with Special Health Care Needs and Disabilities: Information for Families and Teens www.communityinclusion.org/transition/pdf/familyguide.pdf
- Transition Planning for Adolescents with Special Health Care Needs and Disabilities: A Guide for Health Care Providers www.communityinclusion.org/transition/pdf/transitionmanual.pdf
- 3. All About Me www.medicalhomela.org/all about me.htm
- 4. Care Notebook www.cshcn.org/resources/CareNtbk.cfm#Complete

Living Arrangements

- 1. Disability Survival Manual www.abil.org/manual.htm
- 2. Life Skills: Housing Guides www.caseylifeskills.org/pages/lp/lp_hm_index.htm

Social and Recreational Activities

1. Aligning School & Community Resources www.ncset.org/topics/resources/?topic=0

- Community Services www.ncset.org/topics/community/default.asp?topic=21
- 3. Life Skills: Social Relationships www.caseylifeskills.org/pages/lp/lp sr index.htm

Work Options

- 1. A Student's Guide to Jobs www.nichcy.org/stuguid.asp#ta2
- 2. Helping Students with Cognitive Disabilities Find and Keep a Job www.nichcy.org/pubs/stuguide/ta3.pdf
- 3. Social Security Information for Kids, Teens, Parents and Teachers www.ssa.gov/kids/
- 4. Supplemental Security Income: A Bridge to Work www.ncset.org/publications/viewdesc.asp?id=937
- Work-Based Learning and Future Employment for Youth: A Guide for Parents and Guardians www.ncset.org/publications/viewdesc.asp?id=1222
- 6. Connecting Employers, Schools, and Youth Through Intermediaries www.ncset.org/publications/viewdesc.asp?id=721
- 7. Four Strategies to Find a Good Job: Advice for Job Seekers with Disabilities www.communityinclusion.org/publications/pdf/to18.pdf

Academic

- 1. A Student's Guide to the IEP www.nichcy.org/stuguid.asp#ta2
- 2. Helping Students Develop Their IEPs www.nichcy.org/stuguid.asp#ta2
- 3. Developing Your Child's IEP www.nichcy.org/parents.asp
- 4. IEP & Transition Planning www.ncset.org/topics/ieptransition/default.asp?topic=28

Guardianship

- 1. Family Handbook on Future Planning www.thearc.org
- 2. Age of Majority: Preparing Your Child for Making Good Choices www.ncset.org/publications/viewdesc.asp?id=318
- 3. State of Arizona, Guardianship Forms www.governmentguide.com/govsite.adp?bread=*Main*&url=http://www.state.az.us

These web addresses were accurate as of 7/15/05, however, they are subject to change.

The contents of this publication were developed in April 2004, and revised in July 2005, by Becky Raabe, Parent Information Network Specialist, under contract # ED05-066-01, with funds allocated by the U.S. Department of Education under IDEA '97. The contents do not necessarily represent the policy of the agency, nor should endorsement by the federal government be assumed. The Arizona Department of Education of the State of Arizona does not discriminate on the basis of race, religion, color, national origin, sex, disability or age in its programs, activities or in its hiring and employment practices. The following person has been designated to handle inquiries regarding the non-discrimination policies: Debra K. Jackson, Deputy Associate Superintendent of Administrative Services, 1535 W. Jefferson, Phoenix, AZ 85007, (602) 542-3186. This document is in the public domain and may be freely reproduced in its current format. For more information, call the Parent Information Network at (602) 542-3852 or 800-352-4558.